Ready, Set, SWIM!



## S UMMER LEAGUE TUNE-UP

with Texas Elite

## Tune Up will be run by the TEXAS ELITE Coaching Staff!

Get ready to lap the competition this summer . . .

**Dates: Monday - Thursday** 

March 31 – April 3

April 7 - April 10

April 14 – April 17

April 21 – April 24

## **Time**

4:00 pm - 5:00 pm

Swimmers are grouped according to age and ability

## Location

**RRISD AQUATIC CENTER** 

2801 Gattis School Rd Round Rock, TX

Registration

Tune-Up Registration

**REGISTER EARLY – SPACE IS LIMITED** 

Cost

\$60.00 / session Complementary Texas Elite Cap if registered by Sunday,

March 23rd

**Benefits** 

- ➤ Get a head start on your summer league season
- Improve technique in all 4 strokes
- > Improve starts and turns
- ➤ Instruction from on-deck and in the water

**Facility** 

HEATED INDOOR FACILITY25 yard course

Eligibility

- > 6 years and up
- Must be able to complete a length (25 yards of freestyle with side breathing and a length of backstroke UNASSISTED

Need more

info?

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